Eric Asbe, DO, PGY2
Undergrad Degree
Exercise Science & Biology – Iowa State University
Medical School
Des Moines University
Professional Interests
Critical Care
Interests Outside of Medicine
I enjoy aviation, biking, exercise, fishing & golf
Why Mercy & Des Moines?
“I am originally from Des Moines, went to medical school here, and wanted to stay in Iowa for my training as I love the city. Des Moines is a great place to work and grow a family. I chose Mercy because of the atmosphere, residents, hospital size and diverse pathology we have access to.”

Ruth Campbell, DO, PGY1
Undergrad Degree
Chemistry & French – Grinnell College
Medical School
Rocky Vista University COM
Professional Interests
Critical Care, Hospitalist Medicine
Interests Outside of Medicine
I’m originally from Colorado, so I love the outdoors! I spend my free time rock climbing, hiking, skiing and doing yoga.
Why Mercy & Des Moines?
“I was drawn to Mercy because of the excellent resources and education provided to the residents. I also liked the size of the program, and felt it created a wonderful resident culture and allowed for a more individualized training. Plus, Des Moines is an awesome city!”

Gino Chesini, DO, PGY1
Undergrad Degree
Biochemistry & Cell Biology – University of California San Diego; Masters of Biology
Medical School
Des Moines University

Austin Coder, DO, PGY1
Undergrad Degree
Biochemistry – Iowa State University
Medical School
Des Moines University
Professional Interests
Administrative Medicine
Interests Outside of Medicine
I love spending my free time with family and friends, enjoying the outdoors as much as possible, through biking, running, sand volleyball, softball, golf and disc golf.
Why Mercy & Des Moines?
“I have experience at Mercy through my years in Des Moines as a medical student, so I was excited to join a residency program/health system that I am so familiar with. The IM program at Mercy makes a huge effort to maintain an encouraging and positive atmosphere for growth learning.”
Barry Cooper, DO, PGY3
Chief Resident
Undergrad Degree
Chemistry – Colorado State University
Medical School
Rocky Vista University
Professional Interests
Cardiology, Critical Care, Preventative Medicine
Interests Outside of Medicine
Beer brewing/tasting, outdoor sports, family time & travel
Why Mercy & Des Moines?
“Really it comes down to the awesome residents. The culture here makes it easy to learn and grow as a physician. Another big point for me is that graduates have been able to go into whatever field/practice they desire. That and Des Moines is a young, vibrant city where there is always something to do.”

Matthew Fabiszak, DO, PGY2
Undergrad Degree
Exercise Science & Chinese Studies – Brigham Young University
Medical School
Arizona College of Osteopathic Medicine
Professional Interests
Preventative Medicine
Interests Outside of Medicine
I enjoy going on adventures with my children, including bike rides, playing in local parks and teaching them to fish. I also enjoy tending to our small garden.
Why Mercy & Des Moines?
“I was very impressed with the quality of the program when I visited for my interview. The dedicated Friday didactics time, subspecialist-provided lectures at noon, and a non-malignant faculty provides a nourishing atmosphere providing for excellent training.”

Russ Hamilton, DO, PGY3
Undergrad Degree
Biology – Mount Mercy University
MS Microbiology & Immunology – Des Moines University
Medical School
Des Moines University
Professional Interests
Cardiology
Interests Outside of Medicine
Hiking, jet boating, working out, spending time with family and friends, working on cars.
Why Mercy & Des Moines?
“Mercy is a large hospital with a wide variety of pathology. Excellent cardiology and critical care attending physicians.”

Omar Jaradat, MD, PGY1
Undergrad Degree
Jordan University of Science and Technology
Medical School
Jordan University of Science and Technology Faculty of Medicine
Shane McIntyre, DO, PGY1
Undergrad Degree
Biomedical Science – Texas A&M University – Corpus Christi
Medical School
University of North Texas Health Science Center
Professional Interests
Critical Care Medicine
Interests Outside of Medicine
Golf, spending time outdoors, live music and craft beer
Why Mercy & Des Moines?
“Des Moines is a great town! It is large enough to always be able to find something to do, but small enough to avoid the headaches, like traffic, associated with big cities. It is easier to be successful when you enjoy going to work every day, and a lot of that is dependent upon your relationships with colleagues. The smaller class sizes and the leadership at Mercy foster camaraderie and a supportive learning environment that was evident to me from the day I interviewed. I am very happy to be a part of the program here at Mercy!”

Chris Nguyen, DO, PGY2
Undergrad Degree
Microbiology – University of Oklahoma
Medical School
Kansas City University of Medicine and Biosciences
Professional Interests
Dermatology, Gastroenterology, Clinic
Interests Outside of Medicine
Running

Kristin Olson, DO, PGY2
Undergrad Degree
Biology & Religion – Gustavus Adolphus College
Medical School
Kansas City University of Medicine and Biosciences
Professional Interests
Gastroenterology
Interests Outside of Medicine
Working out, cooking, spending time with family & friends
Why Mercy & Des Moines?
“Mercy provides a welcoming and supportive environment. All of the residents get along well and look out for each other’s best interest. Des Moines is a perfectly sized city to live in with plenty to do. Des Moines also rarely has a lot of traffic during rush hour.”
Ashley Osenga, MD, PGY1
Undergrad Degree
Biology & Chemistry – University of Sioux Falls
Medical School
University of South Dakota, Sanford School of Medicine

Lindsey Rearigh, DO, PGY3
Undergrad Degree
Biology & Pre-Med – Pfeiffer University
Medical School
Edward Via College of Osteopathic Medicine – Carolinas Campus
Professional Interests
Infectious Disease

Timothy Reisner, DO, PGY2
Undergrad Degree
Biology – Wartburg College
Medical School
Des Moines University
Professional Interests
Endocrinology

Nicolette Rosendahl, DO, PGY2
Undergrad Degree
Chemistry – Oregon State University
Medical School
Western University of Health Sciences COMP - Northwest
Professional Interests
NMM/OMM
Interests Outside of Medicine
Biking and hiking
Why Mercy & Des Moines?
“There are great people in this program and we see lots of interesting pathology. There’s never a dull moment!”
Stephanie Sam, DO, PGY1
Undergrad Degree
Molecular & Cellular Biology – University of Illinois at Urbana-Champaign
Medical School
Kansas City University of Medicine and Biosciences
Professional Interests
Gastroenterology & Primary Care
Interests Outside of Medicine
Spending time with family and friends, cooking & traveling
Why Mercy & Des Moines?
“I chose Mercy for several reasons, one of which is the welcoming and supportive environment created by the residents and faculty here. The residents on my interview day spoke so highly of the excellent clinical training and diverse patient cases at Mercy, to prepare them for the next step in their careers. The atmosphere at Mercy is definitely built to promote education and growth as professionals and individuals. Des Moines is a great mid-sized city that offers lots of opportunities to explore when outside of the hospital!”

Julie Schommer, DO, PGY3
Undergrad Degree
Spanish & Biology – Boise State University
Medical School
Des Moines University
Professional Interests
Endocrinology
Interests Outside of Medicine
Boating, hiking, photography, shopping
Why Mercy & Des Moines?
“I chose Des Moines for medical school because I wanted to live somewhere with a good quality of life. I rotated at Mercy as a medical student and liked it so much I wanted to stay for residency.”

Cory Shield, DO, PGY3
Undergrad Degree
Business Administration & Biology – University of Nebraska at Kearney
Medical School
Kansas City University of Medicine and Biosciences

Otto Shill, DO, PGY2
Undergrad Degree
Business Management with Marketing emphasis – Brigham Young University
Medical School
Arizona College of Osteopathic Medicine, Midwestern University
Professional Interests
Comprehensive General Internal Medicine & Rural Medicine
Interests Outside of Medicine
Spending time with family, reading & road cycling
Katelynn Splett, DO, PGY1
Undergrad Degree
Neuroscience – University of Minnesota – Twin Cities
Medical School
Des Moines University
Professional Interests
Heart Failure, Addiction Medicine & Hospital Medicine
Interests Outside of Medicine
Figure skating, thrift shopping, crafts & projects, and going on adventures
Why Mercy & Des Moines?
“I completed my core third year rotations as well as many fourth year rotations at Mercy and interacted with the Internal Medicine residency program quite a bit. I got to see, firsthand, how dynamic the program was and how much of a close-knit and supportive group the residents have formed. Nothing else really compares! And Des Moines is a great city; it’s the perfect size and has plenty to keep you busy. I’ve been here since the beginning of medical school and am still finding new things to do all the time!”

Jordan Tichenor, DO, PGY3
Undergrad Degree
Biology, Chemistry & Biochemistry – Franklin College
Medical School
Lincoln Memorial University – Debusk College of Osteopathic Medicine
Professional Interests
Outpatient Primary Care
Interests Outside of Medicine
Spending time with my dog, being outside, running & fishing
Why Mercy & Des Moines?
“Mercy is a major referral hospital for central Iowa and the variation in pathology allows for a great training experience. We have a great group of residents and create a wonderful learning environment for everyone involved.”

Hau Tran, DO, PGY1
Undergrad Degree
Languages – University of Languages and International Studies, Vietnam
Medical School
New York Institute of Technology College of Osteopathic Medicine

Lucas Vocelka, DO, PGY3
Undergrad Degree
Biomedical Sciences – St. Cloud State University
Medical School
Kansas City University of Medicine and Biosciences
Masters in Bioethics
Professional Interests
Infectious Disease
Logan Walker, DO, PGY3
Undergrad Degree
Human Biology – University of California, San Diego
Medical School
Des Moines University
Professional Interests
Primary Care

Jake West, DO, PGY1
Undergrad Degree
Mathematics – Missouri State University
Medical School
Des Moines University
Professional Interests
Critical Care or Gastroenterology
Interests Outside of Medicine
I recently picked up golfing which is where I spend a lot of my free time. I also can be found grilling and smoking food when time permits, as a way to de-stress.

Why Mercy & Des Moines?
“When I moved to Des Moines for medical school, my expectations weren’t that high. However, after living here for the past 4+ years I have grown to absolutely love this city. For a younger couple, it’s a fantastic place to be. There are always concerts with major artists that come to town, the first round of the NCAA tournament was held here, farmers market that occurs downtown, and a great restaurant scene are just a few of the things I have enjoyed since moving here. As to the residency program itself, I spent my 3rd year of medical school at Mercy initially thinking I wanted to be a surgeon, however after spending time with the IM residents I found myself constantly comparing other specialties to Internal Medicine. The residents are truly a fantastic group of people who work hard, are extremely knowledgeable, are quick to jump in and help and are overall people who I enjoy hanging out with at work, as well as in my free time. The attendings are caring people who take an interest in each and every resident and are invested 100% in my learning.”

Brian Whyms, DO, PGY2
Undergrad Degree
Biology – University of Wisconsin, Madison
Medical School
Des Moines University
Professional Interests
Hospitalist Medicine
Interests Outside of Medicine
Exercising, hanging out with fellow residents

Why Mercy & Des Moines?
“I chose Mercy because of the outstanding residents and people in the program who made it feel like family. I felt welcomed and involved unlike anywhere else and was blown away by the subspecialty education.”

Cydney Wolf, DO, PGY3
Chief Resident
Undergrad Degree
Cell Biology, Neuroscience & Spanish – Montana State University
Medical School
Western University of Health Science
Professional Interests
Geriatrics & Hematology/Oncology
Interests Outside of Medicine
Cooking, biking, hiking

Why Mercy & Des Moines?
“I enjoy the culture of the program and the unique experience of treating a wide range of patients and pathology.”
Muk Yan, DO, PGY1

Undergrad Degree
Computer Science – University of Michigan, Ann Arbor

Medical School
Touro COM, Harlem

Professional Interests
Hospitalist Medicine & Critical Care

Interests Outside of Medicine
Photography, technology, food, travel (preferably all at once)

Why Mercy & Des Moines?
“There are fantastic staff and co-residents here. I’m surprised everyday by how supportive and caring everyone is. I feel challenged, but not overwhelmed. Also, Des Moines is a great city with all of the amenities of a larger city, but without the congestion and problems.”