MERCY AND IOWA HEART CENTER PHYSICIAN HONORED FOR SERVING “FROM THE HEART”

DAVID LAUGHRUN, M.D., cardiologist, was recently named as this year’s recipient of the From the Heart Award, presented by the American Heart Association. This award recognizes an individual in central Iowa whose achievements, advocacy, philanthropy and civic efforts have improved the lives of Iowans and Americans.

“Dr. Laughrun is unfailingly earnest in the pursuit of his profession,” said Mark Tannenbaum, M.D., Iowa Heart Center chief physician officer, who nominated Dr. Laughrun for the award. “He is an outstanding clinician exemplified not only by his vast fund of knowledge but, more importantly, his unparalleled sense of obligation to deliver compassionate, timely and thorough care based on the most current guidelines. Beyond his clinical skills, he has always been a key contributor to our organization and is constantly evaluating how he can expand access to cardiovascular care in Iowa.”

For several years, he provided cardiology services to the Des Moines Latin American Clinic and worked hard to ensure that clinic had the equipment and staff to provide services to all of those in need. Dr. Laughrun also led the implementation of the cardiovascular training component of Mercy Medical Center’s Internal Medicine Residency Program and received the best teacher award. Most recently, he successfully established an adult congenital heart disease program at Iowa Heart Center as he saw the need in the community and the organization. Dr. Laughrun has made countless contributions to improving access and treatment of coronary artery disease.

Congratulations, Dr. Laughrun!

Dr. David Laughrun, pictured in the center holding the From the Heart Award, with his colleagues from Iowa Heart Center.

LENTEN WORSHIP OPPORTUNITIES

The Stations of the Cross are a significant part of the Lenten season for Catholics and other Christian faiths. By praying the Stations of the Cross, we have the opportunity to reflect on Jesus’ life, His suffering and death — and his winning eternal life for us through his glorious resurrection on Easter.

Pastoral Care will pray the Stations of the Cross in Our Lady of Mercy Chapel at central campus on Fridays until Holy Week. All are welcome to attend or take part by watching channel 4.

| FRIDAYS |
|-----------------|-----------------|
| 2 p.m.          | Stations of the Cross |
| 2:30 p.m.       | Communion Service   |
| 3-4 p.m.        | Adoration of the Blessed Sacrament Praying of the Divine Mercy Chaplet |
MISSION ON THE MOVE LENTEN PROJECT

As we work with patients and their families, we all understand how important simple, personal care items are to health and wellness. For those in greatest need, basic toiletry items can be a difficult purchase.

This month, colleagues at Mercy are participating in a special Lenten project, collecting toiletries and supplies for West Des Moines Social Services and Joppa Outreach. In keeping with our goal of following the Corporal Works of Mercy (a request of Pope Francis of all Catholic ministries) we selected these two organizations because they serve those at risk – the poor and the homeless.

Donations for personal care items will be collected by department, with individual donations accepted as well. Collection bins will be located at West Lakes and central campus on the loading docks. Items will be collected March 9-24.

Here’s how your team can help: [http://www.signupgenius.com/go/4090E4CADAD2FA13-lenten](http://www.signupgenius.com/go/4090E4CADAD2FA13-lenten)

Thank you in advance for living the Mission of Mercy through meeting these basic needs.

CELEBRATE MERCY’S CHILD LIFE SPECIALISTS

Mercy Children’s Hospital & Clinics is proud to recognize its team of dedicated child life specialists during National Child Life Month in March. Each day, the child life specialists make a difference in the lives of Mercy’s pediatric patients and their families by providing support during procedures, educating families about a child’s illness or injury and providing activities during a child’s hospital stay. Child life specialists are health care professionals who are trained to meet the needs of children and families going through difficult experiences.

Mercy provides child life services for children receiving treatment in the Pediatric and Pediatric Intensive Care Units, Medical Imaging, the Pediatric Emergency Department, the Variety Neonatal Intensive Care Unit (NICU), the Cardiac Catheterization Lab and Endoscopy.

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![Mercy’s Child Life Specialist team includes (front row, left to right): Sara Appletoft, Rebecca Gerecke and Jolene Vos. Back row (left to right): Avery Thomason, Erin Biegert, Lisa Fox, Allison White and Rania Robb.](image)

LIVEUP RECOGNITION SWEEPSTAKES WINNERS ANNOUNCED

Mercy colleagues are truly remarkable. In February, 934 recognitions were shared through the LiveUp Recognition website. Congratulations to all who were recognized! The February sweepstakes’ winners are:

- Jennifer Andersen
- Patti Anderson
- Rachel Anderson
- Terri Arbogast
- Timothy Dezwarte
- Amy Dotson
- Mary Eddy
- Arnie Fedders
- Karlene Gaul
- Jude Gustafson
- Amanda Parker
- Lorrie Risley
- Jacklyn Romine
- Ann Young
- Lisa Young

To check out the website, please visit [https://mercydsmliveup.isrewards.com](https://mercydsmliveup.isrewards.com).

SPRING FORWARD!

Daylight saving time begins at 2 a.m. this Sunday, March 12. Be sure to move your clock ahead one hour before going to bed on Saturday night!

CONTACT US

The Bulletin is published weekly for staff and friends of Mercy Medical Center, 1111 6th Ave., Des Moines, Iowa 50314-2611

If you are interested in submitting information to be printed in the Bulletin, send it to PR and Marketing or call 515-247-3050.