

## Patient Referral to Mercy's Perinatal Center of Iowa

When you have a patient who requires the care of the maternal-fetal medicine specialists and/or specialized ultrasonographers at Mercy's Perinatal Center of Iowa (PCI), simply contact us:

**Phone: (515) 643-6888**  
**Toll-free: (877) 415-7447**  
**Fax: (515) 643-6899**

After hours, call (515) 643-6888 and follow directions for emergency care— you will be connected directly to the physician on call. In the rare event that the physician does not answer or return your call in a timely fashion, call Mercy Birthing Center at (515) 358-3000 and ask to speak to the charge nurse

**See reverse of this card for a listing of issues and conditions that indicate a patient should be referred to our location.**

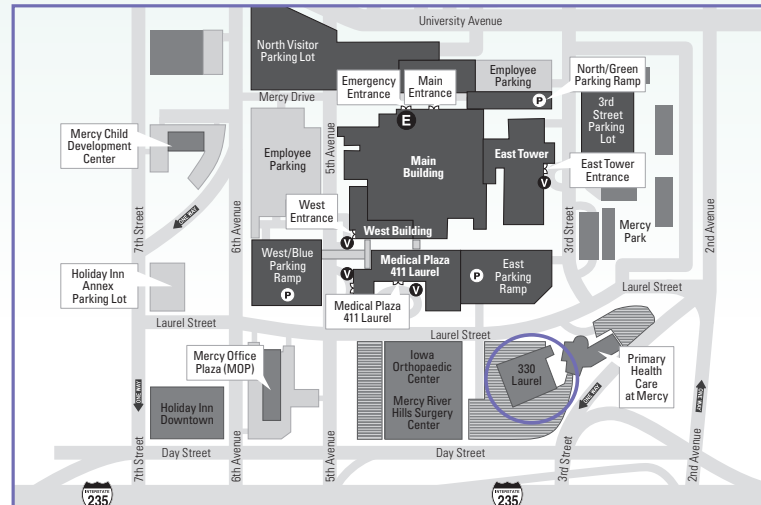


## Mercy's Perinatal Center of Iowa

330 Laurel St., Ste. 2300  
Des Moines, Iowa 50314

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[www.perinataliowa.com](http://www.perinataliowa.com)



INFORMATION FOR PROVIDERS

## Mercy's Perinatal Center of Iowa

Advanced care for high-risk pregnancies



**Mercy's Perinatal Center of Iowa** has been serving the obstetric

community of Iowa since 1993, originally as Des Moines Perinatal

Center. We partner with medical providers, like you, to help optimize

the outcome of pregnant women throughout the state.

In an attempt to keep medical care local whenever possible, and increase access to the specialized care that we offer, the physicians at PCI currently travel to outreach clinics in Mason City, Ottumwa, Pella, and Grinnell. We are always looking for new partners in this outreach effort, so if you, your clinic, or your hospital are interested, please contact us at (515) 643-6888.

As much as we try to help local physicians continue to provide care for their patients throughout the pregnancy, occasionally circumstances are such that the mothers need hospitalization, and eventual delivery at a tertiary center. For the mothers, Mercy has one of the only nursing units dedicated to the care of pregnant women before birth in the state. For the babies, Mercy is fortunate to have an excellent Neonatal Intensive Care Unit available for those babies that are born early or with complications. This unit is the largest in the state of Iowa, and cares for some of the smallest and sickest patients, with results that compare favorably to the best neonatal units in the United States. Every delivery with expected complications, such as prematurity, is attended by a complete neonatal team, including a board certified neonatologist, thereby maximizing the care provided to the baby from its very first breath. Mercy has a full range of pediatric subspecialists for the babies born with congenital anomalies, including central Iowa's only pediatric cardiovascular surgeon and pediatric neurosurgeon.

## Services Provided

Mercy's Perinatal Center of Iowa was first accredited in Obstetric Ultrasound by the American Institute of Ultrasound in Medicine in 1996. PCI combines state-of-the-art high resolution ultrasounds machines, experienced perinatal sonographers, central Iowa's only perinatal genetic counselor, perinatal mid-level providers, and physicians who are board certified in Maternal-Fetal Medicine to provide patients with obstetric care at the highest level.

PCI provides both clinical and hospital services for your patients, ranging from complete care for the most complicated patients, or patients needing delivery at a tertiary center, to one-time consultations for patients with stable or non-threatening conditions, such as advanced maternal age. In most instances, our services are intended to supplement the care of the primary obstetric provider, but we are also prepared to step in and provide complete care, to include delivery, when appropriate.

Services provided include:

- 3D/4D ultrasound
- Biophysical profile and nonstress testing, including for twins
- Cervical length assessment
- Comprehensive or detailed obstetric ultrasound
- Cordocentesis and intrauterine fetal transfusion
- Doppler assessment of placental and fetal vascular system
- Fetal echocardiogram
- First trimester screening
- Genetic and lung maturity amniocentesis
- Genetic counseling
- Maternal transport with continued primary care of patient after transport
- Office and hospital consultation
- Perinatal hospice
- Prenatal testing and follow-up

## Patient Referral Considerations

- Abnormal fetal growth
- Abnormal genetic screening (quad, FTS, NIPT)
- Active preterm labor or premature rupture of membranes
- Advanced maternal age
- Diabetes, gestational or pre-existing
- Drug exposure, prescription or illegal
- Early onset preeclampsia
- History of abruption
- History of early-onset preeclampsia
- History of or suspected incompetent cervix
- History of preterm delivery (PTL, PROM, etc)
- History of stillbirth
- History of surgery of cervix, ie, cone or LEEP
- History of uterine anomaly, ie, bicornuate uterus
- Hypertension, either gestational or pre-existing
- Infectious disease, ie, HIV or hepatitis
- Known or suspected fetal anomaly
- Maternal medical complication, such as SLE or Crohn's dx
- Maternal parvovirus or CMV exposure
- Multiple gestation
- Neurologic or psychiatric disorder
- Obesity
- Prior child with chromosome abnormality or syndrome
- Prior child with fetal anomaly
- Recurrent pregnancy loss
- Red cell alloimmunization
- Short cervix per ultrasound or clinical exam
- Thromboembolic disorders

## Contact information

**During business hours:**

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