



Glossary of Mercy Centers and Services

Catholic Health Initiatives— Catholic Health Initiatives (CHI) is a national nonprofit health organization with headquarters in Denver, Colorado. CHI is a faith-based system that operates in 20 states and includes 78 hospitals; 40 long-term care, assisted- and residential-living facilities; and two community health-services organizations. CHI owns Mercy Medical Center – Des Moines, Mercy Medical Center – West Lakes and Mercy Medical Center – Centerville.

CyberKnife®Radio Surgery Center of Iowa— Mercy Medical Center is home to Iowa's only center equipped with leading edge CyberKnife® radiation technology for stereotactic radiosurgery (SRS). CyberKnife® is the only SRS system that utilizes robotic technology combined with image-guidance to administer precision radiation treatments to previously inoperable tumors without the need for rigid patient restraints or undue patient discomfort. The CyberKnife® Center provides hope for some patients who may have received the maximum allowable dose of radiation or have been told their condition is untreatable. The CyberKnife® delivers radiation to difficult-to-target sections of the body including the brain, spine, liver, lungs, head, neck and other areas that traditional methods or systems, such as radiation therapy or the gamma knife, cannot reach. This non-invasive method requires no anesthesia and does not present the same risks as traditional surgery. The CyberKnife®Radio Surgery Center of Iowa is located at 411 Laurel on Mercy's Central Campus

da Vinci® Surgical Robot— The latest generation of this robotic surgical system is used at Mercy to perform minimally invasive surgical procedures. The da Vinci® is presently being used for urology, gynecology, cancer and some cardiac procedures.

Frederick and Ann Katzmann Breast Center— This center, located at Mercy West, 1601 NW 114th Street, Suite 151 in Clive, is dedicated to women's overall breast health. Patients have access to physicians and medical staff following surgical procedures as well as diagnostic, education and rehabilitation services.

Page Two—

House of Mercy— Located in Des Moines' Enterprise Community, the House of Mercy is an organization dedicated to assisting pregnant, parenting/non-parenting and adolescent/adult women in developing personal responsibility and independence through counseling, education and medical care in collaboration with other caring individuals. House of Mercy is one of Iowa's largest providers of transitional housing and clinical services for parenting women with addiction.

LDRP— This model of care, provided at Mercy Medical Center – West Lakes, provides women the full array of birthing services in one room. LDRP is the acronym for labor, delivery, recovery and post partum care.

Mercy Behavioral Services— Mental health clinical services, Mercy First Step drug and substance abuse service are provided by Mercy Behavioral Services. Located on the Mercy Franklin campus, inpatient and outpatient services are provided for pediatric, adolescent and adult patients. The Mercy Employee Assistance Program and Student Assistance Program which provide behavioral services for employees of contracted business and students with contracted school districts has relocated to Employee Health on the Mercy Central Campus, A Level, 1111 6th Avenue.

Mercy Brain & Spine Center— The Mercy Brain & Spine Center opened to patients in July 2009, expanding Mercy Medical Center - Des Moines' neuroscience services to central Iowans. Trained at world-class teaching universities in the Midwest, the surgeons bring a fresh approach to treating patients. Their spectrum of specialties is what makes the practice unique. Care will be provided for adult and pediatric patients—including newborns. The practice also offers pediatric neurological services, such as treatment for spina bifida, brain tumors and epilepsy.

Mercy Cancer Center— The Mercy Cancer Center is a multi-disciplined full service cancer center located on the Mercy Central Campus and the new Mercy Cancer Center – West Lakes facility in Clive. The Mercy Cancer Center provides education, genetic and other counseling, food and nutrition assistance and amenities used by cancer survivors. Access is also available to chemotherapy and radiation therapy services. Most services are available at both campuses.

Mercy Cancer Center Radiation Oncology (MCCRO)— A Mercy based team of radiation oncologists and allied health professionals who deliver leading-edge radiation treatment using groundbreaking technology. MCCRO uses Iowa's only CyberKnife®

Page Three—

Radiosurgery technology as well as Varian's latest Trilogy™ linear accelerator to deliver therapeutic radiation care.

Mercy Center for Rehabilitative Medicine— This center is dedicated to patients in need of intensive rehabilitation following a severe or debilitating injury. Care is delivered on an inpatient basis on Mercy's Central Campus.

Mercy Center for Weight Reduction— The Mercy Center for Weight Reduction is a full service center dedicated to weight management. The accredited center provides access to health and wellness information, behavioral and nutritional counseling, LEARN® Weight Management Class, weight loss therapies including OPTFAST® and OPTITRIM® and weight loss surgeries including bariatric and Lap-Band® procedures.

Mercy Central Campus— Mercy's Central Campus is home to medical services that include: Mercy Medical Center at 1111 6th Avenue, Mercy Brain & Spine Center, Mercy Education Center, Mercy Ruan Neurology Clinic, Mercy Women & Infants' Center, 411 Laurel Medical Office Building, CyberKnife® Radio Surgery Center of Iowa, Mercy Cancer Center, Mercy Cancer Center Radiation Oncology (MCCRO), 330 Laurel Medical Office Building, Mercy Family Medicine Residency Program Clinic and Mercy Park Apartments.

Mercy Children's Center— The Mercy Children's Center is the name of the pediatric program at Mercy. The center offers central Iowa's only pediatric heart surgery program, as well as the Mercy Children's Emergency Center, which provides emergency care around the clock. The Children's Emergency Center is staffed by pediatricians specifically trained in emergency medicine. Access to specialized pediatric services including pediatric surgery, pediatric gastroenterology, pediatric neurology and cranial facial surgical services are available through the Pediatric Subspecialty Clinic located at 330 Laurel on Mercy's Central Campus.

Mercy Clinics— The Mercy Clinics system is an innovator in the delivery of primary and specialty health services in Des Moines and central Iowa communities. Mercy Clinics has more than 45 clinics that provide services at convenient locations in neighborhoods and communities. Mercy also operates three QuickCare clinics that do not require appointments. Mercy Clinics is the recipient of the prestigious 2008 Acclaim Award which is given for clinical excellence and improvement of the health care delivery process.

Mercy East— This medical facility is located in Pleasant Hill and provides primary care, pediatric and urgent care services. Some specialty services are also offered at this growing facility.

Page Four—

Mercy Education Center— The Mercy Education Center is located on A Level of the Mercy East Tower on Mercy’s Central Campus. The education center includes eight conference rooms and a large auditorium equipped with state-of-the-art education technology. The education center is equipped for distance learning via the Internet or Iowa Communications Network.

Mercy eICU Connect— Through eICU Connect, Mercy intensive care physicians and nurses are able to support existing bedside care by providing 24-hour monitoring from a remote center. Mercy’s eICU uses a sophisticated system of computer interfaces and two-way videoconference links that allow intensive care physicians and nurses to make “virtual” rounds of critical-care patients 24 hours a day, seven days a week from a remote center. The eICU team monitors patients in Mercy’s ICU, cardiac/trauma ICU and critical care units checking vital signs, EKGs, ventilators, X-ray and lab data, and communicating closely with bedside physicians, hospital staff and patients. eICU software monitors trends and detects early changes in a patient’s condition often avoiding a potentially life-threatening complication. eICU programs across the nation have been shown to save lives, reduce complications and shorten the time a patient is in the ICU, drastically cutting the cost of a hospital stay.

Mercy Franklin Center— This is the official name of the Mercy campus, located at 48th and Franklin streets in Des Moines. Mercy Franklin Center is home to Mercy Behavioral Services.

Mercy Health Network— Mercy Health Network (MHN) was founded in 1998 under a joint operating agreement between two of the largest Catholic, not-for-profit health organizations in the United States: Catholic Health Initiatives, based in Denver, Colorado, and Trinity Health, based in Novi, Michigan. The network includes five major medical centers: Mercy Medical Center – Clinton, Mercy Medical Center – Des Moines, Mercy Medical Center Dubuque, Mercy Medical Center – North Iowa (Mason City) and Mercy Medical Center – Sioux City. MHN also includes four rural community hospitals and 24 affiliated hospitals.

Mercy Heart Hospital— Mercy Heart Hospital provides all cardiac, vascular care and surgical services and is located on Mercy’s Central Campus. Mercy has been a center of excellence in cardiac medicine including the development of cardiac treatments and technology. Cardiac interventional procedures using catheterization are performed at Mercy’s Central Campus. Catheterization procedures will also be available at Mercy West Lakes.

Mercy Joint Camp— Joint Camp is a service of the Mercy Center for Joint Replacement. Joint Camp offers a more focused and intense rehabilitation environment for patients who are interested in a more rapid recovery after joint replacement. The camp

Page Five—

focuses on fun and involves the patient’s family or friends who help with a camper’s rehabilitation as “camp counselors.” Mercy Joint Camp services are also available at Mercy West Lakes.

Mercy Medical Center – Des Moines— This is the official name of our main hospital located downtown. Other commonly used names are Mercy Medical Center or Mercy. The use of the name **Mercy Hospital Medical Center was discontinued in 2000.**

Mercy Medical Center – West Lakes— This is the official name of the replacement hospital for Mercy Capitol. The hospital is located in West Des Moines and was built using evidence-based design, with a focus on environmentally friendly construction and operation.

Mercy North— Mercy North is a full service medical facility located in Ankeny. Mercy North provides primary care, pediatric and urgent care services. An ambulatory surgery center is located there as well as medical imaging, rehabilitation and pharmacy services. A number of specialists also have office hours at Mercy North to provide more convenient access to services for their patients.

Mercy One— Mercy One is the official name of Mercy’s helicopter ambulance used to transport critically ill patients including premature infants. **Patients flown to Mercy are air lifted, transported or flown, by Mercy One. Life Flight is the name of a helicopter service and not the act of transporting a patient by air ambulance.**

Mercy Quick Care— Mercy Quick Care is a health care innovation of Mercy Clinics. There are three Quick Care locations at area Dahl’s Food Stores and a clinic in the Des Moines skywalk system downtown. The clinics are walk-in facilities designed for basic testing and treatment of a variety of minor illnesses and basic vaccinations. The skywalk location also offers rehabilitation services.

Mercy Sleep Center— The Mercy Sleep Center is central Iowa’s first sleep study facility. Mercy Sleep Center is a state-of-the-art 20-bed sleep study facility in Clive. A team of accredited sleep science physicians and support staff provide sleep studies for all ages including pediatric patients.

Mercy South— The Mercy South Medical Clinic provides primary and urgent care services for residents of Des Moines’ south side and southern suburbs.

Mercy Variety Children’s Emergency Center— Mercy has a full service emergency department dedicated to children’s emergency medicine. The facility is staffed by physicians and medical staff trained in pediatric emergency medicine. Variety the Children’s Charity is a partner in the delivery of pediatric emergency care.

Mercy Variety Neonatal Intensive Care Unit— This unit provides care for premature and high-risk infants delivered, or transported for care, at Mercy. This unit is assisted by the generosity of Variety the Children’s Charity and is staffed by board certified neonatologists and highly trained critical care nurses and health care professionals.

Mercy Variety Pediatric Intensive Care Unit— Variety the Children’s Charity is a partner with Mercy in caring for critically ill children. This state-of-the-art unit provides intensive care services for children recovering from cardiac surgery to life-threatening illnesses. The Mercy Variety PICU is staffed by board accredited physicians with expertise in pediatric critical care medicine.

Mercy Vascular Services— Mercy’s vascular services program provides education, prevention and surgical intervention. A team of highly trained board certified vascular surgeons, and allied health professionals provide treatment for blocked carotid arteries, aortic abdominal aneurysm (AAA) and poor circulation in the hands and feet along with other vascular services. Mercy Vascular Services provides patients with access to leading edge vascular procedures and services that are among the best programs in the region.

Mercy West— The name of the medical office and patient care campus located at 1601 NW 114th Street in Clive. Mercy West is home to a variety of specialty physician practices as well as primary care, urgent care and pediatric services. Medical imaging, rehabilitation, an endoscopy center, ambulatory surgery center and the Katzmann Breast Center are also located at Mercy West, providing convenient access for residents of the western suburbs

Mercy Women & Infants’ Center— The name of Iowa’s busiest single birthing center, the Mercy Women & Infants’ Center, located in the Mercy East Tower of Central Campus, includes labor and delivery services as well as post partum services following delivery. A highly specialized Maternity and Triage Treatment unit (MTT) provides specialized care for women experiencing high-risk pregnancies. The MTT is staffed by board certified perinatologists.