Controversies and Advances in Perinatal Medicine

Friday, Oct. 16, 2015
Sponsored by Mercy Medical Center–Des Moines and Perinatal Center of Iowa
AGENDA

6:30-7:30 a.m.  Exhibitor set-up

7:15-8:15 a.m.  Registration and Exhibitor Hall

7:55-8 a.m.  Welcome – Dr. Neil Mandsager

8-9 a.m.  Ultrasound Hot Topics
  Dr. Jennifer Krupp

9-10 a.m.  Obstetric Emergencies
  Dr. Neil Mandsager

10-10:15 a.m.  Break

10:15-11:15 a.m.  Hyperemesis and current management
  Dr. Jona Conklin

11:15 a.m.-12:15 p.m.  Non-pharmacologic interventions in labor
  Diane Clevenger and Lori Steinmann

12:15-1 p.m.  Lunch

1-2 p.m.  Case Presentation – All speakers

2-3 p.m.  The Golden Hour: Can We Snuggle?
  Dawn Schwartz

OBJECTIVES

Participants will be able to:
1. Examine the current management of hyperemesis.
2. Describe the benefits of skin-to-skin care for the mother/baby dyad and family.
3. Identify ways to improve patient safety by responding to obstetric emergencies.
4. Discuss non-pharmacologic interventions in the management of labor pain.
5. Participate in the discussion of an obstetrical case study presentation.
6. Identify the benefits of fetal ultrasonography as a guidance for antepartum management.

AUDIENCE

Physicians, physician residents, physician assistants, nurse practitioners, registered nurses, sonographers, pharmacists, licensed practical nurses and midwives.

PURPOSE

This conference is designed to provide health care professionals with knowledge of existing and evolving clinical practices in the care of pregnant women. The conference will focus on patient safety, patient/family satisfaction, and management of high risk obstetric/neonatal complications.

FACULTY

Neil T. Mandsager, M.D., FACOG, is a perinatologist with Mercy’s Perinatal Center of Iowa and the medical director of Mercy Medical Center – Des Moines’ Maternity Triage and Treatment Unit. He has been in Des Moines since completing his maternal-fetal medicine fellowship at the University of Cincinnati in 1993. Dr. Mandsager is board-certified in obstetrics-gynecology and maternal-fetal medicine.

Jona Conklin, M.D., a native of Des Moines, received her medical degree from the University of Iowa Carver College of Medicine in Iowa City, Iowa. She completed a residency in the Department of Obstetrics & Gynecology at the Medical University of South Carolina in Charleston, S.C., and was also named chief resident during her final year in the program. Dr. Conklin completed a fellowship in the Department of Obstetrics & Gynecology, Division of Maternal-Fetal Medicine at the University of Florida in Gainesville, Fla. She is board-certified in obstetrics and gynecology and in maternal-fetal medicine.

Jennifer Krupp, M.D., began her health care career as a nurse, earning a BS and MS in Nursing. In 2005, she received her medical degree from the University of Wisconsin School of Medicine and Public Health in Madison, Wisc. In 2012, she earned a Master’s in endocrinology and reproductive physiology from the University of...
Wisconsin in Madison. Dr. Krupp completed a residency in obstetrics and gynecology and a fellowship in maternal-fetal medicine both at the University of Wisconsin School of Medicine and Public Health. She is board-certified in general obstetrics and gynecology and in maternal-fetal medicine.

Dawn Schwartz, MSN, ARNP, IBCLC, NNP-BC, is the Director of the Variety Neonatal Intensive Care Unit (NICU) at Mercy. Dawn transitioned to the role in late September 2014, after serving as the neonatal nurse practitioner coordinator at Mercy West Lakes since 2010, and the neonatal transport team coordinator for Mercy NICU since 2013. She is a graduate of Mercy College of Health Sciences and began her career at Mercy as a RN in the NICU in 1995. She graduated from the University of Missouri in Kansas City with a Master of Science in Nursing-Neonatal Nurse Practitioner degree in 2008. She is also an internationally board certified lactation consultant. Throughout her career, Dawn has received extensive neonatal nursing experience at various NICUs, including: Children’s Mercy in Kansas City, HCA Midwest Health in Kansas City, Phoenix Children’s Hospital, and San Diego Children’s Hospital.

Diane Clevenger, ARNP, WHNP, CNM, has dedicated her nursing career to the care of mothers and babies. She received her registered nurse diploma from the Iowa Methodist School of Nursing and her Bachelor of Science in Nursing from Graceland College in Lamoni, Iowa. She went on to receive a Master of Science in Nursing, WHNP, from the University of Nebraska Medical Center in Omaha, Neb. Diane also received a Post Master’s Midwifery Certification from the University of Minnesota in Minneapolis, Minn. Diane is a certified nurse midwife and a family health nurse practitioner.

Lori Steinman, ARNP, FNP, CNM, has dedicated her life to the nursing profession. She received a Bachelor of Science in Nursing from the University of Iowa College of Nursing in Iowa City, Iowa. She went on to receive a Master of Science in Nursing, FNP-C, from Drake University College of Pharmacy and Health Sciences in Des Moines, Iowa. Lori also received a Post Master’s Certificate in Midwifery from the University of Missouri College of Nursing in Columbia, Mo. Lori is a certified nurse midwife and a women’s health nurse practitioner.

**DISCLOSURE POLICY:** Speakers will disclose to attendees the nature of any significant financial relationships they have with the commercial firms providing support, as well as the commercial manufacturers of products and/or the providers of services discussed in their presentations. They will also disclose if any pharmaceuticals or medical procedures and devices discussed are investigational or unapproved for use by the U.S. Food and Drug Administration (FDA).

**ACCREDITATION**

This activity has been planned and implemented in accordance with The Essential Areas and Policies of the Iowa Medical Society (IMS) through a joint sponsorship of Mercy Medical Center – Des Moines and Perinatal Center of Iowa, P.C. Mercy Medical Center – Des Moines is accredited by IMS to provide continuing medical education for physicians.

Mercy Medical Center – Des Moines designates this educational activity for a maximum of 6 AMA PRA Category 1 credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nursing CEU: 0.72 Iowa Board of Nursing approved provider #17. Full attendance of the program is required. No partial credit will be given.

Ultrasound CEU: Six CEU credits are approved by the society of Diagnostic Medical Ultrasound (SDMS). Full attendance of the program is required. No partial credit will be given.

For CMAs: The program/activity has been granted prior approval by the American Association of Medical Assistants (AAMA) for Continuing Education Units, 6 CEU Clinical Category. Granting approval in no way constitutes endorsement by the AAMA of neither the program content nor the program’s facilitator.
ABOUT MERCY

Mercy Medical Center – Des Moines is an 802-bed acute care, not-for-profit Catholic hospital founded by the Sisters of Mercy in 1893. As the city’s longest continually-operating hospital, Mercy has developed a reputation for understanding the health care needs of the communities it serves and providing the best medical, emotional and spiritual care available to patients and their loved ones. With more than 7,100 employees and a medical staff of more than 800 physicians and allied health professionals, Mercy is one of the state’s largest employers and one of the Midwest’s largest referral centers.

Situated on two campuses (Central Campus and Mercy Medical Center – West Lakes), Mercy provides a full range of health care services throughout the metro area. Areas of excellence include heart and heart surgery, cancer and oncology services, birthing and pediatrics, emergency and trauma services, medical imaging, surgery, women’s health services, critical care, neurology, orthopedics, behavioral medicine and a wide array of specialty and outpatient services unique to Iowa and the region.

Caring for more moms and babies than any other Iowa hospital – Mercy Women & Infants’ Center blends personalized and advanced care by highly experienced physicians, nurses and staff with a home-like environment to deliver the best outcome for every mom and baby—whether a routine or high-risk pregnancy. Mercy offers each mom and baby the best care through its dedicated nursing units and specialized nurses and staff.

Women who experience an unforeseen complication benefit from Mercy’s board-certified maternal-fetal medicine physicians, dedicated antepartum unit for testing and inpatient admission, Iowa’s only Critical Care Obstetrics Team and the newest, most advanced Level III NICU in the state. Mercy West Lakes offers low-risk moms an alternative location in a community hospital for their full-term baby’s arrival, providing highly personalized care. In 2014, Mercy cared for more than 5,000 babies and their moms.

REGISTRATION

Early bird registration is $40 and must be received by Oct. 16. Day of the event registration is $75. Continental breakfast, lunch and materials are provided. Refunds will be extended for cancellations before Oct. 16.

Registration can be completed and paid by credit card by calling Mercy Nurse at (515) 243-2584.

A PDF of this brochure will be available online at www.mercydesmoines.org

We encourage participation by all individuals. If you have a disability, dietary concern or other special need, please let us know in advance so we may serve you.

Mercy Medical Center – Des Moines works to provide a healthy, comfortable and productive work and health care environment. Therefore, the use of tobacco is prohibited on the Mercy campus. This includes all buildings, grounds, parking lots, sidewalks and plazas.

EAST TOWER AUDITORIUM

Mercy Medical Center – Des Moines
1111 6th Avenue, Des Moines

PARKING

Parking is available in the East Parking Ramp, the 3rd Street Parking Lot and the North Visitor Parking Lot (see map below).

If you require overnight accommodations, please visit www.seedesmoines.com to find a list of area hotels.

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